

Newsletter: Julie Whitton
01271 830311
julie@theyews.org.uk

Website updates :
www.swimbridgejubileehall.com/

**Swimbridge Parish Clerk
Lee Wadsworth:** 830705
www.swimbridgepc.org.uk
**f Swimbridge Village Forum
f Landkey Village Forum**

**Village defibrillator is
located at front shelter of
Jack Russell Inn**

Jack Rusell Inn
Paul Darch— 01271 830366
f thejackrussellswimbridge

St James Church
Services every Sunday 9.30am
Online services at [https://
www.facebook.com/
mission.prayerprogramme](https://www.facebook.com/mission.prayerprogramme)

Lyncroft Stores, Landkey
01271 830278

**Swimbridge Post Office in
Church** every Tues 2-4pm

Swimbridge Jubilee Hall
07714 256379
www.swimbridgejubileehall.com

Swimbridge C of E School
830437

Swimbridge Pre-school
830357

Food Bank
The collecting box is in the
Church porch. Please give
your support—thank you.

Dates for your diary:

Mon 17 May
Village activities are
recommencing!

Tues 8 June 7 for 7.30 pm
Parish Council meeting
By zoom

Weekly regulars

- Monday**
- Chakra Dancing & Creative
Mediation as from 14 June.
- Tuesday**
- Slimming World
- Wednesday**
- Tiddly Om Poms Toddler Music
- Healthy Balance Pilates
- Jack Russell steak nights
- Thursday**
- Baby Bloom Classes—morning
- **Guides—awaiting**
- Friday**
Jack Russell Burger night
- Saturday**
- Ballet with Marion
- Sunday**
- St James Church service
- Jack Russell—Sunday roasts
- Badminton

Swimbridge Newsletter

www.swimbridgepc.org.uk

www.swimbridgejubileehall.com
facebook Swimbridge village forum

Wed 17 May 2021

HOORAY—The government has announced that the Roadmap is on track and lockdown restrictions will be eased even further. From Monday 17 May indoor hospitality can reopen and indoor entertainment can resume, including cinemas, museums, and children's soft play. Up to 6 people or 2 households will be able to meet indoors and up to 30 people outdoors. All remaining outdoor entertainment can reopen, such as outdoor cinemas and performances. Some larger events will be able to take place, including conferences, theatre and concert performances, and sports events. Restrictions on the number of attendees will remain as set out in the Roadmap. Social distancing will remain in place in social care, medical, retail, hospitality and business settings. People will still need to wear face coverings on transport and in shops, unless they are exempt.



As lockdown is now easing, the Swimbridge Coronavirus Support Group telephone line has now closed. However if you need help in an emergency please call me, Julie Whitton on 830311.

A361 Night time closures and diversions—parking request. You should have received a letter from Griffiths Civil Engineering and Construction notifying you of a road closure between North Devon Link Road. There will be 11 consecutive nights from and including Monday 17 May from 8pm until 6am each night. They have asked if possible, not to park on the main road through the village and find alternative parking. The Hall Committee are hoping to be able to offer limited car parking during this time. However, the grade 2 hall wall boundary is unstable and has temporarily been reinforced until it can be fixed. Please approach with caution and be aware of the signs. If the Hall car park is able to open up, can car owners please ensure their car does not obstruct hall user's vehicles and is removed before 8 am as the hall has users use it during the day and some evenings. Thank you.

READ OVERLEAF FOR MUCH MORE EXCITING PROJECTS IN SWIMBRIDGE PARKLANDS

Village amenities ... Covid-19 restrictions ... what's open and what's closed

Please remember to keep supporting our local shops and businesses—they need you to survive.

The Jack Russell Inn Under the latest lifting of restrictions we're excited to be able to welcome guests back indoors. Our weekly Wednesday steak nights are back as well as Friday burger deals. We'll be continuing with our takeaway offers too with our menus posted on our facebook page and Swimbridge Forum page.

Opening hours will be: Wed and Thurs: 4pm—10 pm, **Friday and Sat:** 12 noon—11pm, **Sunday:** 12 noon—5pm.

Swimbridge Jubilee Hall is open. Due to Covid-19 there are Government guidelines in place for all activities. For info contact the booking clerk, Sue Wearne **07714 256379** / swimbridgejubileehall@outlook.com

Monday: * NEW* Chakra Dancing & Creative Meditation. Come and join a new and exciting class at the Jubilee Hall on Monday evenings as from 14 June 7pm - 8.30pm. Chakra dancing is a complete workout for everyone to enjoy and let go of any stress through spontaneous dance and movements, freeing up our natural energy flows, and balancing the 7 major energy centres of the body. The music is powerful and reflects each chakra, from tribal drums, to funky jazz, dance, contemporary, classical, finishing with a relaxing creative meditation. Come and have some fun. All ages and levels of ability welcome. Dress in light, comfortable layers and suitable footwear. Please bring a blanket or yoga mat for relaxation and a bottle of water to drink through the session. Cost £10 pp. Booking essential. To book or info contact Claire on 07725 173961 or visit www.soultosoulholistictherapies.com or via Facebook at www.facebook.com/soultosoulholistictherapies

SOUL TO SOUL
HOLISTIC THERAPIES

Tuesday: Slimming World Covid secure sessions, 6 and 7pm - Booking is essential. Contact Claire on 07584 372638 f [Swimbridge Slimming World with Claire](https://www.facebook.com/Swimbridge Slimming World with Claire) to book your place.

Wednesday: Tiddly Om Poms for 0-4 yrs 10am and 11am classes. Organised by Tiddly music North Devon **To book** contact Cathy Rowe on 07766 931170 e: tiddlymusic@gmail.com / f Tiddly Music North Devon.

Wednesday: Healthy Balance Pilates Classes: 6.10—7pm and 7.10—8pm. Alternatively there are classes on Monday's at Landkey Old School Hall from 6.10-7pm and 7.10-8pm. Please note there are very few places left. For info, DM /rebecca@healthybalance.org.uk / 07706 042746 / f HealthyBalancePilates

Thursday: Bloom Baby Classes Caterpillar Club: 6 wks - 6mths 10.45-11.30 and 11.50-12.35 / **Busy Bees:** 6 mths-15mths / walking: 9.30-10.15. Contact Andrea 07926 034130 www.bloombabyclasses.com Facebook and Instagram - Bloom North Devon

Saturday: Lindsay Ballet Studios: Marion is offering a wide variety of classes every Saturday which include baby, primary, Grade IV, contemporary dance, intermediate, advance one. To find out more message Marion Lindsay on <https://www.facebook.com/Lindsay-Ballet-Studios>

Sunday: Badminton: Expected to be every other Sunday. Pre-booking vital. 2x short courts for friendly matches /switch to 1 long court equipment provided. All abilities and ages welcome. £3 pp. To find out details of dates and times, contact Matthew Smith via facebook: Swimbridge Badminton Club or phone 07739 344343.

USEFUL CONTACTS

Swimbridge Parish Council
 Clerk: Lee Wadsworth, 830705
St James Church Services and post office — the church remains open for the Post office on Tuesdays 2-4pm and for Morning service on Sundays at 9.30am. Funerals and weddings can also take place with restrictions on numbers. You can also access regular services through the face-book Mission Prayer Programme.

www.swimbridgeparishchurch.org
 Rev Shaun O'Rourke
 f Mission Prayer Programme
Contact Christopher James 831075
Friends of St James Church:
 Mark Haworth-Booth, 07813 776349 / markhaworthbooth@gmail.com
Food Bank Collection Point:
 Back of St James Church
Upper Old School Room: 830587
 david.netherway@btinternet.com

Jack Russell Inn:
 Paul Darch, 830366
 Latest menus can be found on <https://www.facebook.com/thejackrussellswimbridge>

Lyncroft Stores: 830278
Shop opening times: Mon-Sat 8am-6pm / Sun 9am-noon **Post office:** Mon-Sat 9am-4.30pm/Sun 9—noon.

Swimbridge C of E School, 830437
Swimbridge CE School PTFA
 swimbridgeprimaryPTFA@gmail.com
Swimbridge Pre-school, 830357
Swimbridge Jubilee Hall 07714256379
 www.swimbridgejubileehall.com
 Chair: Colin Wadsworth, 830705
Swimbridge Parklands
 Chair: Colin Wadsworth 830705
Swimbridge Green Team
 David Netherway, 830587

Swimbridge Feoffees
 Mike Cliff, 831188.
Slimming World : Text/call 07584 372638 f [Swimbridge Slimming World with Claire](#)
Chakra Dancing & Creative Meditation Claire 07725 17391
 www.soultosoulholistictherapies.com or f [soultosoulholistictherapies](#)

Badminton Club—Matthew Smith
 f: Swimbridge Badminton Club
 07739 344343.
D&C Neighbourhood Police: PCSO
Marcus Jarvis & Lucy Robinson
 non emergency: 101

Station Hill allotments and Piano & Flute lessons Lindsay Cooper, 830347
Avon representatives

Charlotte Smart, 075 7288 3130
Salon at the Saloon Hairdresser
 Melissa Darch, 079 7090 6421
Clean-Me Chimneys
 Keith Clarke 01271 830602

Darren Knill, Rhino Contractors
 property maintenance 07928384916
Oliver Morrish Garden 07583641802
Swimbridge Book Swap – FREE

St James Church on back pew
Swimbridge Nursing & Res Home
 Person in Charge, 830599
Riverton Fishery, 830009

Snow Warden: Mel Bartlett: 831200
Fremington Contractors plumber
 Matt, Swimbridge: 07891534817

A Barrow Full of Flowers (florist)
 07765345083/
 gailrogers205@gmail.com
 Chris Pavord, **Gas Engineer** 07766 334242

Tiddly Om Poms Cathy Rowe 07766 931170 [tiddlymusic@gmail.com](#)
Healthy Balance Pilates Classes
 07706 042746 / f [HealthyBalancePilates](#)
Bloom Baby Classes Andrea 07926 034130
 www.bloombabyclasses.com

Lindsay Ballet Studios
 www.facebook.com/Lindsay-Ballet-Studios

PARK LIFE NEWS



Swimbridge Parklands
 Registered charity no 1096684

The goal posts are in! Thank you Darren, Colin, Matt and Ian.

Over the next few weeks we will be putting in a temporary car park until funds for a more permanent one can be raised. Once the car park is in place we will be putting in our new outdoor storage shed, kindly donated by my friend Barbara. Thank you to everyone who helped to dismantle it and put it into storage.

Swimbridge Parklands relies entirely on community donations, fundraising, grants and the Parish Council precepts. Sadly there is no magic pot. Our next plan is to raise around £90,000 for a perimeter pathway with an interesting trail, a car park, fit trail, toddler activities and enhancing wildlife areas. We will be applying for grants but we need as much support as we can get to make these projects a reality



If you can, please help us by donating to Swimbridge Parklands—we have now set up a Virgin Money Giving account. Just log onto <https://uk.virginmoneygiving.com/> and choose Swimbridge Parklands **or go to the link** <https://uk.virginmoneygiving.com/charity-web/charity/finalCharityHomepage.action?charityId=1020702>



If you are shopping online please help Swimbridge Parklands raise funds by clicking on Amazon Smile <https://smile.amazon.co.uk/ch/1096684-0> Every purchase you make through Amazon will enable Swimbridge Parklands to receive 0.5% of your eligible purchase in donations at no cost to you.

This year the Swimbridge allotmenters have told us that the funds raised from surplus produce this year will be in aid of Swimbridge Park. Amazing!

You can make a difference to help us raise money to do more exciting projects on our amazing park. Thank you.

Some of you may have been lucky enough to see the Scratchworks performance “The Grimm Sisters” in the park on 17th April. Unfortunately we were only able to open this beaford outdoor performance to a very small audience because of Covid-19 but it was great to see our park being used as a performing space. We are hoping to bring this event back to a wider audience in August. Thank you to Sue Wearne for organising. Watch this space!

THANK YOU Dace Beedham for supporting Swimbridge Parklands. Dace is working towards his Duke of Edinburgh Award and has been litter picking in the park and weeding in the Old Orchard around the apple trees. We are thrilled to have you on board with us.

Rita Woodhead donated a family bench of hers when she left Swimbridge. It has been beautifully refinished by David Holme and installed in a corner spot in the Old Orchard. Rita said, “I am so pleased for it to be put to good use in Swimbridge for community use. This is to thank the lovely folk of Swimbridge for all the kindnesses to me during the past 4 years. I really appreciate all your friendships.”



We need a website page—can you help us design one for our fabulous park? If you can, we would **love** to hear from you. Please phone Julie: 830311 e julie@theyews.org.uk

Please be extra vigilant— the hall’s storage shed window was smashed on 22 or 23 April.

WOULD YOU LIKE TO WRITE THE SWIMBRIDGE NEWSLETTER?

After writing the village newsletter for over 20 years I’d like to stand back. I am sure it could do with a bit of an update and a new breath of fresh air. If anyone wants to take it on please contact me on julie@theyews.org.uk or 01271 830311.

There is a new mini plant stall at the Streamside Garden. Any donations for plants will go towards the maintenance and improvement of the garden. If you have surplus plants do feel free to put them on the stall. Helleborus plants there now.



TUESDAY GIVINGS— Giving Tuesday is a day where everyone, everywhere can do something to support the good causes that mean so much to them. You can volunteer your time; donate money; share skills; donate goods — you could do a yard, food, or clothes sale; organise a community event such as a street or park cleanup. etc. The list really is endless. Another great way to meet neighbours and friends.